



## OSHA Programs Now Updated

Over the last six months several Occupational Safety and Health Administration (OSHA) programs have been updated to reflect new regulatory requirements and incorporate Amtrak's Operations department reorganization.

The Hazard Communication program has been updated to reflect the new Global Harmonization System which includes updated labeling, and the inclusion of Safety Data Sheets. The Respiratory Protection Program has been updated to include revised processes, NRPC forms and appendices. And finally, the Confined Space Program has been updated to reflect revised regulatory language and updated NRPC forms.

Please take a few minutes to follow the link to the Safety Resource Library to review and print these revised programs:

<http://wiki.corp.nrpc/display/SAFETY/Safety+Resource+Library>

There is also a Safety Bulletin at the following link that provides contact information if you have any questions or comments on the revised programs:

<http://wiki.corp.nrpc/display/SAFETY/Alerts+and+Bulletins>

### National Train Day Celebration Station...

As the former capital of the Spanish province of Texas, San Antonio possesses a vibrant history and culture. The city was founded in 1718 by Father Antonio Olivares, who established the Mission San Antonio de Valero, better known as the "Alamo." Following the Mexican-American War and the American Civil War, San Antonio found prosperity as a center of the regional cattle industry. Rail service began in February 1877, and more than 8,000 people turned out to welcome the arrival of the Galveston, Harrisburg and San Antonio Railroad. The city soon became an important crossroads for numerous lines, including the Southern Pacific (SP), Missouri Pacific, Texas & Pacific, and Missouri Kansas Texas Railway.

Today, Amtrak uses a facility adjacent to the SP's famed Sunset Station, considered one of the most impressive in the South. Opened in 1903, it includes broad, unadorned stucco walls, an arcade and low-pitched clay tile roofs. Early visitors marveled at its many electric lights, giving it the nickname of "Building of 1,000 Lights." In 1972, it played a starring role in the film "*The Getaway*" with Steve McQueen and Ali McGraw. **In San Antonio, Texas, "Trains Matter."**

<http://www.greatamericanstations.com/Stations/SAS>

*Editor's Note: Last week's National Train Day Celebration Station should have read Macomb, Miss.*

## Transit Benefit and Health Care Flexible Spending Account (FSA): Reminders for 2013 and 2014

### Balances and Expenses from 2013

**1. Transfer of Remaining 2013 Transit and Commuter Balances Complete:** Any remaining balance you had in your WageWorks account for Transit and Commuter Benefits has been transferred to the P&A Group. You can check your balance on the [P&A Group website \(www.padmin.com\)](http://www.padmin.com).

**2. Deadline for Remaining 2013 Health Care FSA Expenses:** If you still have a balance in your 2013 Health Care Flexible Spending Account, the last date to incur eligible medical expenses was March 15, 2014. You must submit those expenses to WageWorks by April 15, 2014.

**3. Eligible Expenses:** Review the IRS list of eligible expenses in [Publication 502 \(www.irs.gov/publications/p502\)](http://www.irs.gov/publications/p502).

### Using Your FSAs in 2014

**1. Reimbursements for 2014:** If you enrolled in a Health Care FSA or Limited Health Care FSA for 2014, you will use your P&A Group debit card for your eligible expenses or submit your expenses directly to the P&A Group. Remember, if you participate in a Consumer Directed Health Plan with a Health Savings Account for 2014 and also enrolled in a Limited Health Care FSA, your FSA is restricted to dental and vision expenses.

**2. Transit Benefits for Metro's SmarTrip Card:** If you live in the Washington, D.C., area and want your payroll contributions for 2014 to apply directly to an existing or new Metro SmarTrip card, you must provide your Metro SmarTrip card serial number to the P&A Group. This will ensure your payroll deductions are automatically applied to your Metro SmarTrip card.

**3. Questions: Contact our New Administrator, P&A Group, at:**

P&A Group Customer Service (Monday- Friday 8:30 a.m. – 8:00 p.m., ET) Phone: (800) 688-2611 or visit [www.padmin.com](http://www.padmin.com).

### Changes Coming for Child-Age Tickets

Effective **March 24, 2014**, the classification for the ages of children for Amtrak will change from 2-15 years of age to 2-12 years of age. Existing reservations made prior to March 24, 2014 will be honored at the current age; however if customers make changes they are subject to the policy in affect at the time of the new booking.

- This change will apply to all child passenger types, including those used for various membership discounts (such as AAA) and for other fares where there is a child half fare (disabled, mobility impaired, military, pass rider, etc.).
- The policy update does not affect Amtrak's unaccompanied minor policy; it remains the same.

No child 12 or under may travel unless accompanied by a passenger 18 years or older. Passengers between 13-15 years of age traveling alone must travel as full-fare unaccompanied minors.